



Asian Chicken Salad

- 2 cups cole slaw shredded cabbage mix
- 4 oz shredded chicken breast
- 1 medium orange, peeled and chopped
- 1 tbsp chia seeds
- 2-3 tbsp lite raspberry vinaigrette

Mix all together in a 5-cup Rubbermaid container, place in your lunch box with a freezer pack, napkins, and a fork and head out the door.

Created by Kat at Kat's Health Corner

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